Application User Manual

App "ALKOO" download is free!
① Default settings of the app (iPhone)

Check the terms and privacy policy. Tap "はじめる"

Allow access to Motion & Fitness Activity

Select "While Using the App"

Select whether to allow access to photos

Select "Allow Notifications"

Set goals for how many steps you take each day. Tap "保存"

After completing the default settings, it is recommended to change the location access of ALKOO to "Always" from the iPhone settings. (Refer to the next page)

About location access setting

Your location will not be seen by anyone else. If you are concerned about battery consumption, turn off the GPS button on the home screen. (Movement recording will not be performed.) If you turn off GPS, it may not to record your steps correctly in the background, so we recommend that you launch the app every day.

Note: The screen may differ depending on the OS you are using.
① **Location access settings (iPhone)**

1. Open settings
2. Scroll and select "ALKOO"
3. Tap "Location"
4. Tap "Always"

Note: The screen may differ depending on the OS you are using.
① Default settings of the app (Android)

Check the terms and privacy policy. Tap "はじめる"

Set goals for how many steps you take each day. Tap "保存"

About location access setting
Your location will not be seen by anyone else.
If you are concerned about battery consumption, turn off the GPS button on the home screen.
(Movement recording will not be performed.)
If you turn off GPS, it may not record your steps correctly in the background, so we recommend that you launch the app every day.

Note: The screen may differ depending on the OS you are using.
② Member registration

Before registering as a member, you have to tap "ランキング" at the bottom right to register the nickname you decided at the time of application.

Open the menu from the home screen

Tap "企業コードを入力"

Enter the code" and tap "決定"

* The code can be found in the email regarding the setting of the step count report sent after the beginning of March.

【氏名】Enter your nickname
【種別】Select "チームなし" for individual participation or "チームあり" for those who belong to a team.
【グループ】
Select your team name only if you are participating in a team.
Finally, tap "注意事項を確認の上、決定"
View rankings on the campaign page

* Member registration is required to view the ranking page. (Refer to the previous page)
* The ranking of Walk in Her Shoes 2022 will be displayed from March 8th.

Tap the ranking tab and enter your nickname

The average step count ranking by category is displayed

Select the category of ranking

About reflection of ranking
The ranking is updated in real time. Information will be updated by switching tabs or restarting the app.
### How to calculate the average number of steps for a team

<table>
<thead>
<tr>
<th></th>
<th>1日</th>
<th>2日</th>
<th>3日</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aさん</td>
<td>8,000歩</td>
<td>9,000歩</td>
<td>(Total steps)</td>
</tr>
<tr>
<td>Bさん</td>
<td>5,000歩</td>
<td>7,000歩</td>
<td>7,000歩</td>
</tr>
<tr>
<td>Cさん</td>
<td>9,000歩</td>
<td>9,000歩</td>
<td></td>
</tr>
</tbody>
</table>

If Alex changes the teams on the 3rd and Curtis joins the team from the 2nd, the colored part is the average number of steps the team takes for 3 days.