



Application User Manual

App "ALKOO"
download is free!



① Default settings of the app (iPhone)

Check the terms and privacy policy. Tap "はじめる"



Allow access to Motion & Fitness Activity



If you do not allow it, you will not be able to get step count information from your iPhone.

Select "While Using the App"



After completing the default settings, it is recommended to change the location access of ALKOO to "Always" from the iPhone settings. (Refer to the next page)

Select whether to allow access to photos



If you allow it, the photo will be displayed on the app's recording screen. It only displays the photos saved on the device.

Select "Allow Notifications"



Set goals for how many steps you take each day. Tap "保存"



It can be at least 3,000 steps. You can change your goals at any time.

Completed

After completing the default settings, the screen should look like this:



About location access setting

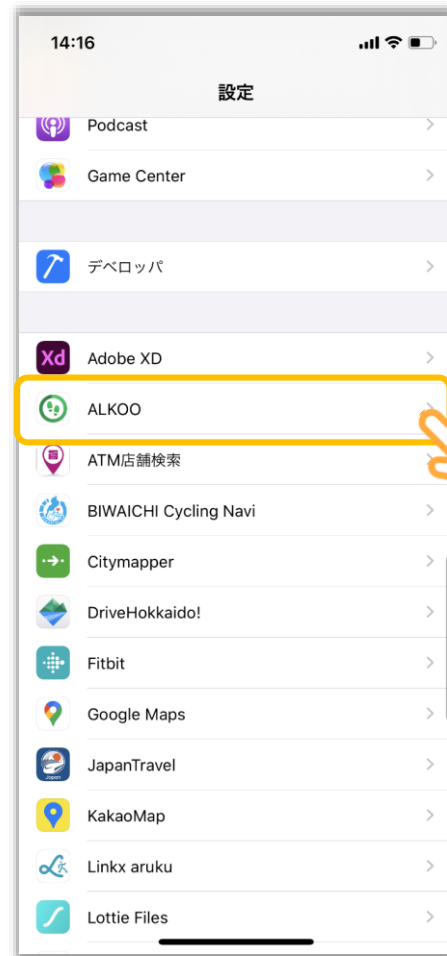
Your location will not be seen by anyone else. If you are concerned about battery consumption, turn off the GPS button on the home screen. (Movement recording will not be performed.) If you turn off GPS, it may not record your steps correctly in the background, so we recommend that you launch the app every day.

① Location access settings (iPhone)

Open settings



Scroll and select "ALKOO"



Tap "Location"

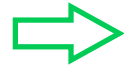
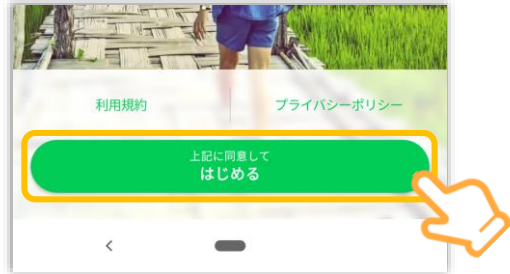


Tap "Always"



① Default settings of the app (Android)

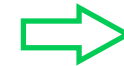
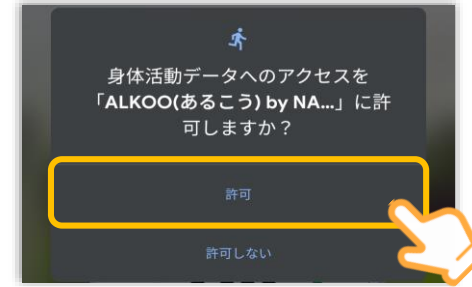
Check the terms and privacy policy. Tap "はじめる"



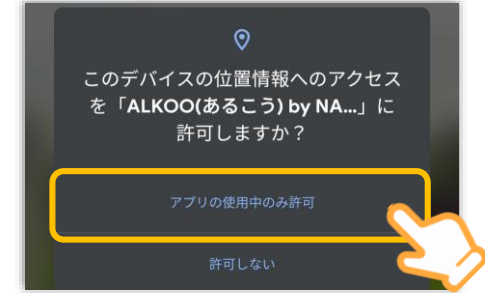
Tap "設定する"



Allow the acquisition of exercise data



Set the location access to "While Using the App"

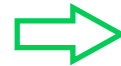
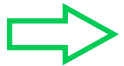


If you do not allow it, you will not be able to get step count information from your iPhone.

It is used only for determining the movement trajectory and movement. No one will see your location or identify you personally.

Set goals for how many steps you take each day. Tap "保存"

Tap "次へ"



Completed

After completing the default settings, the screen should look like this:

It can be at least 3,000 steps. You can change your goals at any time.



About location access setting

Your location will not be seen by anyone else. If you are concerned about battery consumption, turn off the GPS button on the home screen. (Movement recording will not be performed.)

② Member registration

Member registration is required even if you participated last year.

Open the menu from the home screen



Tap "企業コードを入力"



Enter "**wihs2023**" in the field and tap "**決定**"



【ニックネーム】 Only those who have not yet registered will be displayed. Please see p.8 how to change your nickname.

【氏名】 Enter your name

* Use only for management. It will not be displayed on the application.

【種別】 Select "WIHS"

【グループ】 Select your team name.

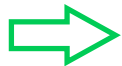
If you are an individual participating or you have not yet decided on a team, please select "所属なし"



③ View rankings on the campaign page

Tap the ranking tab

View ranking by category by selecting tabs, such as all users/groups, etc.



The ranking of selected category is displayed.

<Reference>

How to calculate the average number of steps for a team

	1日	2日	3日
 Aさん	8,000歩	9,000歩	
 Bさん	5,000歩	7,000歩	7,000歩
 Cさん		9,000歩	9,000歩

$$\frac{\text{の合計歩数 (Total steps)}}{\text{の数 (Total number of days)}} = \text{チームの平均歩数 (Average number of steps for the team)}$$

If Alex changes the teams on the 3rd and Curtis joins the team from the 2nd, the colored part is the average number of steps the team takes for 3 days.

How to change your nickname



You can change your nickname in the 「ランキング」

※Do not change your nickname after March 6.