Application User Manual

App "ALKOO" download is free!
① Default settings of the app (iPhone)

Check the terms and privacy policy. Tap "はじめる"

Allow access to Motion & Fitness Activity

Select "While Using the App"

Select whether to allow access to photos

Select "Allow Notifications"

Set goals for how many steps you take each day. Tap "保存"

About location access setting

Your location will not be seen by anyone else.
If you are concerned about battery consumption, turn off the GPS button on the home screen. (Movement recording will not be performed.)
If you turn off GPS, it may not to record your steps correctly in the background, so we recommend that you launch the app every day.

Note: The screen may differ depending on the OS you are using.
① Location access settings (iPhone)

Open settings

Scroll and select "ALKOO"

Tap "Location"

Tap "Always"

Note: The screen may differ depending on the OS you are using.
① Default settings of the app (Android)

Check the terms and privacy policy. Tap "はじめる"

Set the location access to "While Using the App"

If you do not allow it, you will not be able to get step count information from your iPhone.

It is used only for determining the movement trajectory and movement. No one will see your location or identify you personally.

Set goals for how many steps you take each day. Tap "保存"

It can be at least 3,000 steps. You can change your goals at any time.

Completed

After completing the default settings, the screen should look like this:

Note: The screen may differ depending on the OS you are using.
2 Member registration

Member registration is required even if you participated last year.

Open the menu from the home screen

Tap "企業コードを入力"

Enter "wihs2023" in the field and tap "決定"

【ニックネーム】Only those who have not yet registered will be displayed. Please see p.8 how to change your nickname.
【氏名】Enter your name
* Use only for management. It will not be displayed on the application.
【種別】Select “WIHS”
【グループ】Select your team name. If you are an individual participating or you have not yet decided on a team, please select “所属なし”
③ View rankings on the campaign page

Tap the ranking tab

View ranking by category by selecting tabs, such as all users/groups, etc.

The ranking of selected category is displayed.

Note: This page is when the app was still under development. The actual app may look different.
How to calculate the average number of steps for a team

<table>
<thead>
<tr>
<th></th>
<th>1日</th>
<th>2日</th>
<th>3日</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aさん</td>
<td>8,000歩</td>
<td>9,000歩</td>
<td></td>
</tr>
<tr>
<td>Bさん</td>
<td>5,000歩</td>
<td>7,000歩</td>
<td>7,000歩</td>
</tr>
<tr>
<td>Cさん</td>
<td></td>
<td>9,000歩</td>
<td>9,000歩</td>
</tr>
</tbody>
</table>

If Alex changes the teams on the 3rd and Curtis joins the team from the 2nd, the colored part is the average number of steps the team takes for 3 days.
How to change your nickname

1. Go to the ‘ランキング’ page.
2. Click on your profile picture to access the profile details.
3. Tap on ‘ニックネーム’ to enter the nickname input field.
4. Enter your new nickname and tap ‘登録する’ to save it.

You can change your nickname in the ‘ランキング’

※Do not change your nickname after March 6.